

Table 1.  
Correlation matrix for PHSP and TMS component variables

Variables	Importance Life	Satisfaction life	Importance sport	Satisfaction sport	Demands	Coping	Support	Pressure	Resources	Stress	Help/support	AIMS total
Goal	.214**	.336**	.166*	.194*		.310**			.200*			
Mean				.161*		.348**		.212**	.341**		.292**	.488**
Accumulating		.226**	.351**	.340**		.650**		.237**	.378**		.174*	.315**
Draining					.288**	.195*		.256**		.297**	.324**	.308**
Benefit	.287**	.264**	.297**	.263**		.278**	.176*		.319**			.314**
Cost					.310**	.255**		.271**		.329**	.394**	.176**
Perceived	.196*	.204*	.250**	.230**	-.308**	.214**	.203*		.428**	-.343**	-.203*	
Sport satisfaction		.263**		.181*		.175*	.341**	.262**	.322**			
Social healthy	.184*	.274**	.148*	.163*		.321**	.254**		.297**			
Social unhealthy					.194*	.310**		.311**	.163*	.389**	.302**	.241**
Healthy sport	.254**	.396**	.342**	.344**		.568**	.235**		.419**			.291**
Unhealthy sport					.283**	.349**		.328**	.243**	.367**	.415**	.375**
AIMS total			.383**	.347**		.436**			.353**		.309**	

\* $p < .05$ , \*\* $p < .01$