

VÄGAR TILL REFLEKTION

Avdelningschefers uppfattning inom somatisk omvårdnad

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EXAMINATION OF ROADS TO REFLECTION, Perceptions among nurse administrators in somatic care

ABSTRACT

Continuous feedback through reflection can be used as a tool by the department head for leading the development, learning and innovation in nursing work. The aim of the study was to describe the department heads' perceptions of reflection in nursing care by a phenomenographical approach. The analysis of 15 interviews resulted in five description categories of reflection. Knowledge integral reflection captures students' training that can be used in nursing work. Processing creates a continuous thought process in nursing work. Reflection development was reinforced among employees when talking to each other. Managerial reflection was described as a separate forum in the process manager role. Patient-oriented reflection highlighted the patient's participation. The conclusion was that department heads used reflection on different levels and in different contexts. Reflection proved important in nursing care. Study findings may help to increase knowledge in order to develop leadership which leads to better quality of care and patient safety. Continued research should focus on intervention studies with an emphasis on reflection.

KEYWORDS: Daily work, nurse administrator, nursing, phenomenography, practice, reflection.